

Phoebus Tian

REGISTERED ACUPUNCTURIST (MBACC) - BIOMEDICALLY & CM-TRAINED - FIVE-YEAR UNIVERSITY MEDICAL DEGREE

Referral information for GPs & medical colleagues

A concise guide to what I treat, how I work alongside your care, and when to refer. My aim is to be a reliable, communicative extension of your patients' existing pathway — never a replacement for medical assessment.

ABOUT THE PRACTICE

Credentials	Five-year university medical degree in acupuncture & tuina (China), including full training in Western biomedical sciences — anatomy, physiology, pathology, diagnostics and clinical medicine. Licensed doctor of Chinese medicine in China; two years' hospital orthopaedics. Practising in the UK as a BAcC-registered acupuncturist (MBACC). Springer-published author; former lecturer, London South Bank University.
Approach	Evidence-informed, precise, low-volume practice. Japanese (Toyohari) and distal needling techniques, plus laser acupuncture where needling is unsuitable. 55-minute individual sessions.
Location	Roscop Practice, 33B Beauchamp Place, Knightsbridge/Chelsea SW3 — a short walk from most practices in the area.

WHEN TO REFER

Common reasons for referral — not an exhaustive list. I'm glad to discuss whether a specific patient is appropriate before you refer.

Fertility & IVF support Patients trying to conceive, or during IVF/IUI cycles, seeking adjunctive support alongside their fertility clinic. TYPICAL COURSE: CYCLE-ALIGNED	Chronic pain Persistent musculoskeletal pain, headache/migraine, or where the patient prefers a non-pharmacological adjunct. TYPICAL COURSE: 6-8 SESSIONS	Stress, sleep & women's health Anxiety-related tension, insomnia, perimenopausal and menstrual symptoms alongside your management. TYPICAL COURSE: REVIEWED AT 4-6
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SCOPE, SAFETY & WHEN I REFER BACK

Clear boundaries	I treat within the scope of acupuncture practice and do not alter, advise on, or discontinue any medication or medical treatment. I do not offer diagnoses outside my field.
Referring back	My biomedical training means I recognise when a presentation falls outside acupuncture's remit. I escalate to you, or advise urgent medical review, on red-flag symptoms or an unclear or worsening picture.
Communication	With the patient's consent, I provide a brief written note on treatment focus and progress, and coordinate with your care as needed.

WORKING TOGETHER

I'd welcome the chance to introduce myself in person and answer any questions your team may have. Clinicians at your practice are offered a complimentary treatment, so you can experience the approach first-hand before referring. A short CPD-style talk on the evidence base for acupuncture can be arranged on request.